EFFICACY OF YOGIC PRACTICES AND MUD THERAPY IN INFLUENCING DIAGNOSTIC BIO MARKER HbA1c AMONG MIDDLE AGED WOMEN DIAGNOSED WITH TYPE 2 DIABETES MELLITUS

A SYNOPSIS

Submitted by

USHA DEVI B

Reg. no.- 221909011

In partial fulfilment of the requirements for the degree of

DOCTOR OF PHILOSOPHY

IN

YOGA

FACULTY OF YOGA SCIENCE AND THERAPY

MEENAKSHI ACADEMY OF HIGHER EDUCATION AND RESEARCH (DEEMED TO BE UNIVERSITY)

CHENNAI-600078.

JUNE- 2025